

SMALL PLATES

SOUP OF THE DAY A Tureen of Home made Vegetarian Soup with Fresh baked French Bread.	£4.75 (GF) ✓
CREVETTES MEDITERRANEE Four large shell on crevettes, griddled and finished with white wine, lemon and garlic butter. Served with salad leaves.	£8.95 GF
FRENCH ONION SOUP Vegetarian version made without beef stock. Rich and fragrant served with Emmenthal cheese and toasted croutons.	£5.25 (GF) ✓
GARLIC MUSHROOMS. Pan fried mushrooms with lashings of garlic butter and finished with a splash of white wine, served on salad leaves.	£5.95 GF ✓
DIVAN BAR. French Pate with Charcuterie meat salad leaves, roasted pepper and chutney.	£6.95

HEARTY LUNCHES.

FISHERMAN'S LUNCH A Bowl of our home made Provencal style Fish Soup with Toasted Croutons, Cloves of Garlic, Rouille, a bowl of mixed salad and a 125ml glass of Wine.	£11.95 (GF)
SIRLOIN STEAK British Farm Assured Beef, 7oz steak cooked as you like it, topped with Garlic and Herb Butter and served with a portion of our famous French fries.	£14.95 GF
VIGNERON Vine Workers Lunch of Pate, Cheese and mixed salad with leaves, tomatoes, olives, chutney and fruit with French Bread and Butter.	£8.95 (GF)
STEAK HACHE Our own home made "burger" from Lean British Farm Assured Beef with a little onion, seasoning and herbs served in a Fresh Baked Continental Roll with cornichons, mixed salad, Fries and a pot of Mayonnaise	£9.95 (GF)
CREPE MEDITERRANEE Home made French style butter crepe filled with Ratatouille and served with cheese sauce and a side salad.	£9.95 ✓

SALAD PLATTERS

POULET PARISIENNE. Strips of chicken breast cooked with garlic, and button mushrooms, finished with white wine and garlic butter.	£13.95 GF
CHICKEN LIVERS. Flash fried with garlic and finished with a splash of red wine and garlic butter.	£9.95 GF
SCALLOPS AND BACON. Fresh scallops and bacon lardons fried in butter and deglazed with white wine.	£12.95 GF
ORIENTAL SALMON. Marinated salmon fillet seared in a pan and finished in the oven.	£9.95
GOATS CHEESE. Grilled Goats cheese served on beetroot orange and walnut salad.	£9.95 ✓ GF
DUCK CONFIT. Served warm off the bone with lentils and garlic tomatoes.	£10.95 GF
CHICKEN Diced poached Chicken Breast in Honey mustard mayonnaise	£9.95
MEDITERRANEAN PRAWNS Seven large griddled shell on Mediterranean prawns with lots of garlic and finished with white wine. Served on a generous salad with pan juices.	£17.95 GF

BASKET OF FRESH BAKED FRENCH BREAD	£1.95
POT OF MARINATED OLIVES	£2.95
STANDARD FRIES	£2.95
LARGE FRIES	£3.95
GARLIC BREAD	£2.95
OLIVE OIL AND BALSAMIC VINEGAR WITH A BASKET OF FRESH BAKED FRENCH BREAD	£2.95



BISTRO **The French Connection** BAR



Light Lunches and Savoury Platters

3 Coventry Street
Stourbridge
West Midlands DY8 1EP

Phone: 01384 390940 Fax: 01384 390625
Email: chardwickegarner@aol.com

OPEN SANDWICHES

AVAILABLE ON LIGHTLY TOASTED FRESHLY BAKED
AND BUTTERED CONTINENTAL BREAD
(GLUTEN FREE BREAD AVAILABLE)

BEZIERS Country Ham, LOW FAT Cottage Cheese and Pineapple on Salad leaves with Cucumber and Tomato	£5.95
CANNES Smoked Salmon and prawns in a piquant sweet chilli mayonnaise on salad leaves with cucumber and tomato.	£6.50
LE TOULAN Melted Roquefort cheese on poached pear slices with salad leaves cucumber and tomato.	£6.50 ✓
NOGARO Diced poached chicken breast tossed in pesto mayonnaise topped with shaved Parmesan on salad leaves with cucumber and tomato.	£5.95
<u>SPLIT AND TOASTED</u> <u>NEW YORK BAGEL</u> SERVED WITH SALAD AND FRENCH FRIES	
SCOTS Smoked Salmon and LOW FAT cream cheese	£7.95
CARRIBEAN LOW FAT Cottage Cheese with Pineapple ✓	£7.95
ADD Country Ham	£1.00
THAI Griddled Chicken and tomato with sweet chilli sauce	£7.95

BASKET OF FRESH BAKED FRENCH BREAD	£1.95
POT OF MARINATED OLIVES	£2.95
STANDARD FRIES	£2.95
LARGE FRIES	£3.95
GARLIC BREAD	£2.95
OLIVE OIL AND BALSAMIC VINEGAR WITH A BASKET OF FRESH BAKED FRENCH BREAD	£2.95

FILLED BAGUETTES, PANINIS OR WRAPS

SELECT EITHER A BUTTERED AND SPLIT BAGUETTE, A GARLIC WRAP, OR HOT PANINI WITH YOUR CHOICE OF FILLING.

SERVED WITH SALAD.

	BAGUETTE	WRAP	PANINI
Tuna Cheddar and Red Onion Melt Nor MELT	5.95	N/A	5.85
Hot Chicken Breast in Provencal Tomato Sauce	5.95	5.50	5.85
Smoked Salmon and Prawns in Sweet Chilli Mayonnaise	6.50	5.95	N/A
Goats Cheese with Pesto and Roasted Peppers ✓	5.95	5.50	5.85
Fillet Steak and Mushrooms	7.95	N/A	N/A
Brie Bacon and Tomato	5.95	N/A	5.85
Garlic Mushroom, spinach and cheddar ✓ ADD Chicken Breast Strips	5.95 1.00	5.50 1.00	5.85 1.00
Country Ham Brie and Cranberry	5.95	N/A	5.85
Hot Shredded Duck with salad onions Oriental Style	6.95	6.50	N/A
Healthy Option! Just lots of salad and fruit with a pot of tapenade. ✓	5.50	4.95	N/A

HEALTHY OPTIONS – JUST ASK IF YOU DON'T WANT BUTTER, PREFER DRESSING ON THE SIDE, OR WOULD PREFER "LIGHT" MAYO.

FEWER CALORIES
NO PROBLEM JUST ASK!

LES CROQUES

FRENCH STYLE TOASTED SANDWICHES
SERVED WITH SALAD

MONSIEUR Our cheese melange of Cheddar, Emmenthal and herbs with ham, tomato and red onion	£5.95
ANGLAIS DELUXE Our cheese melange of Cheddar, Emmenthal and herbs with Smoked Bacon and Tomato topped with a fried egg	£6.25
SAUMON FUME Wholemeal toast with our cheese melange of Cheddar herbs and Emmenthal with oak smoked salmon and tomato topped with a poached egg	£6.50
VEGETARIAN Our cheese melange with Cheddar, Emmenthal and herbs with tomato, sliced mushrooms and red onion.	£5.75 ✓
<u>SAVOURY CROISSANT</u>	
SAVOURY CROISSANT. Home baked large Croissant filled with hot bacon and tomato and topped with melted cheese, served with fries and mixed salad.	£5.95
<u>SHARING PLATES FOR TWO</u>	
BISTRO PLATTER Olives, Pate & Charcuterie, Sunblush Tomatoes & Goats Cheese, Olive oil and Balsamic Vinegar Dips, Tapenade and a basket of fresh baked bread.	£9.95
VEGETARIAN PLATTER. Baked Camembert, Crudités, Sunblush Tomato, Tapenade and a Basket of Fresh Baked Bread	£9.95 ✓

JOIN THE BISTRO DISCOUNT CLUB!
ASK AT THE BAR!